NEWS & RESOURCES

November 23-December 4, 2020

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| IN THIS ISSUE: |  **Did You Know?**According to [GEAR UP West Keynote Speaker Dr. Chan Hellman](https://gearup.wa.gov/about/what-we-do/gear-west), simple strategies can raise **hope.** **>>Learn more:** [**www.chanhellman.com**](http://www.chanhellman.com/) |
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# WASHINGTON STATE GEAR UP UPDATES

* [**2020-21 Working Calendar**](https://gearup.wa.gov/file/2020-21-working-calendar)**.** Updated to include virtual professional development events for WAGU-paid school staff.

# Virtual Student Recruitment and Outreach Events

* [**WA State GEAR UP: Virtual Campus Visit Series**](https://gearup.wa.gov/node/4410). View recorded virtual visits.
* [**Clover Park Technical College Virtual Tours & Info Sessions.**](https://www.cptc.edu/info-sessions) Tours and sessions now available.

# OPTIONAL Funding & Opportunities

* **[The Upswing Fund for Adolescent Mental Health](https://www.prnewswire.com/news-releases/new-collaborative-fund-launches-to-accelerate-mental-health-services-for-adolescents-of-color-and-lgbtq-adolescents-301155262.html).** Funds to expand access to mental health services for youth of color and LGBTQ youth. Mental health providers and youth-serving organizations focusing on youth well-being. Due Dec. 4.
* [**WA COVID-19 Immigrant Relief Fund**](https://www.immigrantreliefwa.org/)**.** This Washington State fund is for undocumented immigrants who are not eligible to receive federal stimulus dollars or unemployment insurance money. Apply to receive a $1,000 one-time direct payment (up to $3,000 per household) by Dec. 6.
* [**The Power of Hope Award**](https://drive.google.com/file/d/16YLrrtph2uBFAhRU6IcoqNkGrOPuNWhh/view). Recognizes school districts that engage school counselors in leadership roles that effectively organize and implement college/career postsecondary enrollment strategies. Due Dec. 15.
* [**Building Equitable, Sustainable Dual Credit Expansion Grant.**](https://www.k12.wa.us/sites/default/files/public/dualcredit/pubdocs/iGrant103EquitableSustainableDualCredit.pdf) Districts can apply for funding to cover student costs and invest in sustainable expansion of dual credit programming. Due Dec. 31.

# OPTIONAL PROFESSIONAL DEVELOPMENT

* **[Health Support Team: Disaster Behavioral Health Training & Response](http://healthsupportteam.org/)**. DOH-developed team training for educators and educational staff. Learn more and how to sign up.
* **On-Demand Webinars:** [**GEAR UP West 2020**](http://bit.ly/GUWest20). View session recordings and materials for free at your convenience.
* **Webinar Series**: [**20-21 MTSS PLC**](https://www.k12.wa.us/student-success/support-programs/multi-tiered-system-supports-mtss). Hosted by OSPI. Dates through June.
* **Book Study:** [**WERD (WA Educators Read and Discuss)**](https://cstp-wa.org/cstp2013/book-study)**.** Hosted by OSPI/CSTP. Open to all educators in WA including teachers, paraprofessionals, principals, administrators, and ESAs. Runs Jan.-Mar. No cost to join. 10 clock hours.
* **Webinar Series:** [**Washington State LASER.**](https://lght.ly/gab67co) Features experts and open-access tools and resources. For STEM classroom teachers, coaches, Teachers-On-Special-Assignment, regional STEM leaders, school/district specialists and admin, and CBO staff. Runs Dec.- Mar. No cost.
* **Webinar:** [**Supporting Seniors’ Financial Aid Decisions: Student Loan Advocacy and Education**](https://www.pdenroller.org/ospi/catalog/event/108757). Hosted by OSPI/WSAC. Dec. 2, 1 PM.
* **Webinar:** [**Curiosity and Motivation Amid the Pandemic**](https://harvard.zoom.us/webinar/register/8116055607588/WN_FnIcbTTzTaOSlXXJkgilVA). Hosted by Harvard Ed Now. Dec 2. 2 PM.
* **Webinar:** [**FAFSA: Understanding, Empowering, and Equipping GEAR UP Students for Completion**](https://register.gotowebinar.com/register/6843569689394535695?mc_cid=ff444145dc&mc_eid=a2f060beda)**.** Hosted by Federal Student Aid. Dec. 8, Noon.
* **Webinar:** [**Open for Class of 2022: College Board Opportunity Scholarships**](https://register.gotowebinar.com/register/5342015035950695180)**.** Hosted by College Board. Learn more about updates to the program and how to motivate current juniors to sign up. Dec. 9, 10 AM.*Free for NCAN members.*
* **Virtual Event:** [**Stories from the Field: Addressing Racism in Schools**](https://us02web.zoom.us/webinar/register/WN_5bC6P_wATA2kr712HMw4Jg). Join the next ASCA Town Hall to hear how school counselors are addressing diversity, equity and inclusion in COVID times. Dec. 10, Noon.
* **Webinar:** [**How to Incorporate K-12 Financial Education Learning Standards into CTE Courses.**](https://survey.alchemer.com/s3/6044113/How-to-Incorporate-K-12-Financial-Education-Standards-into-CTE-Courses-12-10-2020) Hosted by FEPPP. Dec. 10, 4:30.
* **Virtual Event:** [**NCCEP/GEAR UP Capacity-Building Workshop.**](https://www.edpartnerships.org/cbw-2021) Feb. 8 – 10.
* [**2021 A Virtual Rural Summit**](https://www.berea.edu/pfe/events/ruralsummit/)**.** Hosted by Partners for Education/Campus Compact New Hampshire. Apr. 26-30.

# RESOURCES

* **WAGU Featured Resource:** [**Supporting Transgender and Nonbinary Students: College Admissions & Financial Aid.**](https://gearup.wa.gov/file/supporting-transgender-and-nonbinary-students-college-admissions-financial-aid-resource-guide)A resource guide for college access professionals.
* [**Supporting Your College Student Through Mental Health Challenges**](https://intheforefront.org/wp-content/uploads/2020/10/Forefront-Parent-Family-Guide-Version-1-OCT-2020.pdf). One in three college students experiences a mental health issue. UW Forefront Suicide Prevention created this resource guide, in collaboration with a parent and suicide loss survivor, to help families of students who are struggling with their mental health. Given the stressors and uncertainty brought on by COVID-19, it is more important than ever that families connect with and listen to youth.
* [**WSAC Financial Aid Toolkit**](https://wsac.wa.gov/fa-toolkit)**.** Find resources and promotional materials including handouts & flyers (some translations available), WCG/financial aid messaging slideshow, and pre-built social media images & messages.
* [**Native Pathways Guidebook**](https://collegefund.org/students/preparing-for-college/). This culturally-relevant guide was developed to empower Native students to prepare, plan and successfully take the first steps of their higher education journey – with their identity firmly in hand. Helping students navigate school choice, applications, finances, and their first year at school, it includes contributions from Native graduates, professionals and artists.
* [**2020-2021 WE Schools Kit.**](https://www.we.org/en-US/our-work/we-schools/)This year’s kit is packed with resources to help your students build their skills and act on the issues they care about. Get started with issues cards, posters, step-by-step action guides and more.
* [**3 Tech Tools for Distance Learning and Beyond**](https://www.edutopia.org/article/3-tech-tools-distance-learning-and-beyond). These (mostly) free tools make it easier for teachers to connect with remote students and provide plenty of ways to engage them.
* [**A Trauma-Informed Approach to Teaching Through Coronavirus**](https://www.tolerance.org/magazine/a-trauma-informed-approach-to-teaching-through-coronavirus). Experts from the National Child Traumatic Stress Network share their recommendations for educators supporting students during the COVID-19 crisis.
* [**The Value of Educator Self-care**](https://www.tolerance.org/professional-development/webinars/the-value-of-educator-selfcare). Find a variety of practices and tools and identify practices that help you thrive and really show up every day in your school community.

# IN THE NEWS

* [**Good Teaching Is Not Just About the Right Practices**](https://www.edutopia.org/article/good-teaching-not-just-about-right-practices)**.** Certain intangible qualities matter more than the best tactics.
* [**Teaching in the Pandemic.**](https://www.nytimes.com/2020/11/30/us/teachers-remote-learning-burnout.html) Burnout could erode quality, stymie working parents and hinder reopening the economy.
* [**Why Learning Real Native History Is Important to The PNW And Beyond**](https://crosscut.com/inside-crosscut/2020/11/why-learning-real-native-history-important-pnw-and-beyond). Washington schools are changing how they teach Indigenous histories. Here's what the people who've already been through school can learn from these efforts.
* [**How Understanding Middle School Friendships Can Help Students**](https://www.kqed.org/mindshift/57010/how-understanding-middle-school-friendships-can-help-students). The quality of relationships with peers accounts for 33 to 40 percent of the variance in achievement in middle school.
* [**Five Policies the Biden-Harris Administration Must Tackle to Protect College Students**](https://www.newamerica.org/education-policy/edcentral/five-policies-biden-harris-administration-must-tackle-protect-college-students/). There is much work ahead to ensure students are protected in this time of unprecedented uncertainty.
* [**How to Keep Students Organized in a Hybrid Model**](https://www.edutopia.org/article/how-keep-students-organized-hybrid-model)**.** With the right systems in place and explicit coaching, middle school students are better prepared to stay on track with their assignments.
* [**Strategies for Working Efficiently When Teaching Online**](https://www.edutopia.org/article/strategies-working-efficiently-when-teaching-online)**.** Teaching in distance and hybrid models is time-consuming, so teachers need to make sure they use their time well.
* [**Applications Jump to Law and Medical School**](https://www.insidehighered.com/admissions/article/2020/11/30/applications-jump-law-and-medical-school)**.** Are law schools poised to come back?
* [**The Exquisite Angst of Applying to College in a Deeply Anxious Year**](https://www.nytimes.com/2020/11/27/us/college-admissions-coronavirus.html)**.** The pandemic has changed everything about the stressful admissions process, adding even more strain on students.
* [**Community College Enrollment Is Way Down**](https://www.rand.org/blog/2020/11/community-college-enrollment-is-way-down-that-could.html)**.** That could be bad for economic recovery.
* [**Report Offers Clearest Picture Yet of Pandemic's Impact on Student Learning**](https://www.kqed.org/mindshift/57020/report-offers-clearest-picture-yet-of-pandemics-impact-on-student-learning). Preliminary fall data suggests that, on average, students are faring better than we had feared.
* [**Seattle’s Young ‘Kings’ Help Adults Build A More Equitable Education System**](https://www.seattletimes.com/sponsored/seattles-young-kings-help-adults-build-a-more-equitable-education-system). Nothing about us without us.

# SCHOLARSHIPS & OPPORTUNITIES

*Find more opportunities at:* [*https://gearup.wa.gov/resources/scholarships*](https://gearup.wa.gov/resources/scholarships) *and* [*our list of scholarship search engines and databases*](https://gearup.wa.gov/node/3239)*.*

* [**USDA 1994 Tribal Scholars Program**](https://www.usda.gov/partnerships/1994-program). For American Indian and Alaska Native students studying agriculture, food, natural resource sciences, and related disciplines. The program provides full tuition, employment, employee benefits, fees, books, and room and board each year for up to 4 years to selected students pursuing a bachelor’s degree in agriculture, food science, natural resource science, or a related academic discipline at one of 35 federally recognized tribal colleges and universities. Due Jan.31.

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| **Scholarship** | **Brief Description** | **Due** |
| [**ACT SIX - Tacoma-Seattle**](http://www.actsix.org/nw/tacsea/) | (Full Tuition) - Will select approximately 22 of Tacoma-Seattle’s most promising urban leaders for scholarships to four partner colleges: Gonzaga University, Northwest University, Pacific Lutheran University, and Whitworth University. Scholars are chosen through a rigorous, highly competitive, three-phase selection process that spans 4 months. | 12/1 |
| [**ACT SIX - Portland**](http://www.actsix.org/nw/portland/) | (Full Tuition) - Will select approximately 17 of the Portland area's most promising community leaders for scholarships to George Fox University and Warner Pacific College. Scholars are chosen through a rigorous, highly competitive, three-phase selection process that spans 4 months. | 12/1 |
| [**ACT SIX - Spokane**](http://www.actsix.org/nw/spokane/) | (Full Tuition) - Will select approximately 8 of Spokane's most promising community leaders for scholarships to Gonzaga University and Whitworth University. Scholars are chosen through a rigorous, highly competitive, three-phase selection process that spans 4 months. | 12/1 |
| [**ACT SIX - Yakima Valley**](http://www.actsix.org/nw/yakima/#toggle-id-1) | (Full Tuition) - Will select approximately 10 of the Yakima Valley’s most promising community leaders for scholarships to Heritage University. Scholars are chosen through a rigorous, highly competitive, three-phase selection process that spans 4 months. | 12/1 |
| [**Dell Scholars Program**](http://www.dellscholars.org/) | ($20,000) – For students who have demonstrated grit, potential and ambition in their quest for a college education. | 12/1 |
| [**Scholastic Art & Writing Scholarships - Art Award**](http://www.artandwriting.org/Affiliate/WA002A) | For 7-12th graders. Submit an original piece of art or writing. $500-1,000.  | 12/4 |
| [**Scholastic Art & Writing Scholarships - Writing Award**](http://www.artandwriting.org/Affiliate/WA002W) | For 7-12th graders. Submit an original piece of art or writing. $500-1,000.  | 12/4 |
| [**Community Health Professions Academy (CHPA) 2021 Application**](https://docs.google.com/forms/d/e/1FAIpQLSdcuOo0MINJjdBPX6_M8mO-J7BZynVbCxEK_3oXywYVx6UJaQ/viewform) | This program is aimed towards high school, junior high and middle school students from minority or underrepresented communities interested in dentistry, medicine, public health and other healthcare related careers. Get insight into these fields with virtual hands-on activities, public speaking skills, and receiving mentorship from current health professional students and providers. Due to the pandemic, all sessions will take place on Zoom, but students will receive hands on materials via mail. [>>Learn more.](https://www.facebook.com/UWOEPD%27)  | 12/6 |
| [**Apply for the Samsung Solve for Tomorrow Contest**](http://www.samsung.com/us/solvefortomorrow/home.html) | Public school teachers nationwide can help their school win a share of $2M\* in Samsung technology by entering the Samsung Solve for Tomorrow contest. Developing projects that apply STEAM subjects to improve your local community, can empower your students to learn creative problem solving and critical thinking skills. | 12/13 |
| [**Leadership Enterprise for a Diverse America**](https://ledascholars.org/) | For juniors who are highly motivated, have the desire to be a leader, and have demonstrated compassion and care for their community.  | 12/14 |
| [**Mas Family Scholarship**](https://www.unigo.com/scholarships/minority/other-ethnic-scholarships/mas-family-scholarship-program) | ($32,000) - Applicants must be of Cuban descent, have min. 3.5 GPA, & be financially needy.  | 12/15 |
| [**AXA Achievement Scholarship.**](http://www.axa-equitable.com/axa-foundation/AXA-achievement-scholarship.html) | ($2,500-$25,000) – For students who are ethnically and economically diverse and share these qualities: Ambition and drive, determination to set and reach goals, respect for self, family and community, ability to succeed in college. | 12/15 |
| [**Naval Reserve Officer Training Corps Scholarship**](https://www.nrotc.navy.mil/scholarships.html) | Full tuition, fees, and stipend. | 12/31 |
| [**Scholarship Poetry Contest - Spring Issue**](http://www.justpoetry.org/submissions) | Open to all U.S. HS students. Applicant must submit an original poem with 20 lines or less. Up to $500. | 12/31 |
| [**Top Ten List Scholarship**](https://www.unigo.com/scholarships/our-scholarships/top-ten-list-scholarship) | ($1,500) - In 250 words or less submit a response to the question: "Create a Top Ten List of the top ten reasons you should get this scholarship." | 12/31 |
| [**Unigo $10K Scholarship**](https://www.unigo.com/scholarships/our-scholarships/unigo-10k-scholarship) | ($10,000) - In 140 characters or less submit a response to the question: "Surprise! You just got elected president. What’s your first tweet?" | 12/31 |
| [**Courage to Grow Scholarship**](https://couragetogrowscholarship.com/) | ($500) - Please explain in 250 words or less why you believe that you should be awarded this scholarship. | 12/31 |

**SUBSCRIBE** **|** **UNSUBSCRIBE**

[gearup.wa.gov](http://www.gearup.wa.gov)



*The opinions expressed in these articles do not necessarily represent those of Washington State GEAR UP, the Washington Student Achievement Council, or the Department of Education, and you should not assume endorsement by these entities.*