GEAR UP ACTIVITY IDEA

MENTORING



Objective

To develop a mentoring program that nurtures supportive relationships, enhances mentee skills and character, and offers mentors personal growth, leading to increased motivation and academic performance for mentees.

Procedure

Program Design & Planning

- Define mentoring. Establish mentoring as a supportive relationship that helps develop a mentee's skills and character. Recognize benefits for both mentees (better motivation and grades) and mentors (personal fulfillment and increased awareness).
- 2. Identify needs and audience. Determine the target group (e.g., 8th graders transitioning to high school). Select mentor candidates (e.g., 11th and 12th graders).
- 3. Outline program objectives. Set clear goals for the program, such as enhancing social and academic skills.

Program Structure

- **4.** Recruit and train mentors. Use flyers and presentations to recruit mentors. Provide training on best practices and relationship building.
- 5. Facilitate mentoring sessions. Organize group sessions with a suitable mentor-to-mentee ratio (e.g., 1:3). Schedule regular meetings for ongoing interaction and planning.
- **6. Select mentees.** Identify potential mentees based on indicators like attendance and behavior. Collaborate with teachers and counselors for feedback.

Evaluation & Improvement

- Assess effectiveness. Set criteria to measure success (e.g., academic performance, relationship quality). Gather regular feedback from mentors and mentees.
- **8. Refine the program.** Review outcomes and adjust strategies as needed to improve the program.

Themes

Graduation
Requirements, Mentoring,
Test Preparation,
Tutoring & Homework

Audience

All GU students

Grade Level(s)

9-12

Cost

TBD by GEAR UP staff and the school district.

Required Materials

- Two staff members
- A designated budget
- A workspace

Prep Time

- It varies depending on the needs of specialists, teachers, and students.

Additional Notes

Contributed by Vancouver Public Schools.