Handout: Resource Scenarios

The following are common scenarios that students encounter during their first year in college. Using your college or university’s website and the handout: Resources & Support Services to Navigate Your Way, identify what resource(s) can help in each scenario on your future campus.

1. You are the first person in your family to go to college. You could use some help navigating your new world. You have heard about TRiO SSS. Does your school offer it? How do you apply? If not, where else can you find support?
2. You have a learning disability and need some academic accommodations. In high school, you received extended time for testing. Where do you go to find out how to request an accommodation? What sort of documentation do you need?
3. In the 4th week of classes, things start to pick up. You feel confident in most of your classes, but English class is really challenging. You are struggling and want to get help before your grade begins to suffer. Where are some places you can go to get help?
4. Recently, you have started to experience some anxiety about balancing your classes and social life. You feel overwhelmed, depressed, and just want to sleep all the time. Where can you find support?
5. After the first couple of weeks, you begin to feel those dreaded “impostor” feelings—as if you are here by mistake. You become discouraged. Who can you see or where can you go for help and find support?
6. College seemed like a good idea, that is, until you got there. You feel out of place maybe because of ethnicity, sexual orientation, gender identity and expression, ability, religious background, language, etc. Your friends and family are not nearby, and you begin to feel alone. When you tell your family you are homesick, they suggest getting out and meeting new people. Where can you go, or what can you do, to make new friends and find support?
7. Midterms are beginning, and you feel terrible. The other day you had a fever. Now you have a bad cough. You wish that your family could take care of you, but that is not an option due to upcoming exams. What should you do?
8. Back when you were in high school, you used to be involved in clubs and sports. Now you don’t do much besides walk back and forth across campus. How can you get involved in something you love on campus?
9. You are assigned a research paper on an unfamiliar topic. You search for information on your own but begin to get discouraged. Who can you see or where can you go for help to write this paper?
10. After taking a class in a particular subject, you think you might want to major in it. You don’t know much about the subject but enjoyed the class. You hope that whatever subject you major in will give you some direction as to a possible career after graduation. Where can you go to learn more about majors? Careers?
11. You realize that you might not have been as prepared for your math class as you originally thought. Your grades are suffering so you contemplate getting out of the class to save your GPA. What are your options?
12. You knew that college was going to require more work than high school but did not expect it to be so challenging. You don’t think you need tutors, but you could use study tips and help to get organized. Where can you get the guidance and assistance you need to get back on track to earn the grades you want?
13. You discover you are running low on funds. Your family cannot help you. Where can you go to find out about getting a part-time job on or nearby campus?

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