



Telling Your Personal Story

# Workshop Agenda

- ◆ Introductions
- ◆ Importance of telling our stories
- ◆ Breaking down our stories into parts
- ◆ Discovering the assets we acquired throughout childhood
- ◆ Modeling of the story
- ◆ Using pictures to tell the story

# Getting started

Who's in the room?

# Circle Activity



# Why tell our stories?

- ◆ Our story is an expression of our culture.
- ◆ Telling the story is a culturally-relevant practice.
- ◆ The story helps us to remember why we are involved in education.
- ◆ The story helps to create connections.



# Creating partnerships

Draw a clock face on a piece of paper and make four appointments - noon, 3:00, 6:00 and 9:00 - with four different people in the room (you may not have more than one appointment with anyone at your table).



# Unpacking the story

Going a little deeper

# Think (round 1)

THINK about the answers to the following questions:

- ◆ What is your happiest memory of childhood?
- ◆ During which years were you in high school?
- ◆ What was the most memorable historic event that occurred during your middle and high school years?

# Pair

Find your noon  
appointment and discuss  
your answers to ALL  
THREE questions.



# Think (round 2)

THINK about the answers to the following questions:

- ◆ Where have you lived throughout the course of your life?
- ◆ With whom have you lived?
- ◆ Who is the friend you have had the longest?

# Pair

Find your 3:00  
appointment and discuss  
your answers to ALL  
THREE questions.



# Think (round 3)

THINK about the answers to the following questions:

- ◆ What did you dream of doing as a profession when you were a child?
- ◆ Which job/volunteer experience has been the most rewarding?
- ◆ What do you believe has been your greatest accomplishment thus far in life?

# Pair

Find your 6:00  
appointment and discuss  
your answers to ALL  
THREE questions.



# Task 4: The Line

What assets do you bring to your work?

# The Line Activity

- ◆ Take out a sheet of scratch paper.
- ◆ Give yourself a check for every statement that is true for you.
- ◆ Tally up your totals.
- ◆ Wait for further instructions.



# Reflection/debrief

- ◆ What are the 2 most important things you learned about yourself/others through all of these activities?
- ◆ What do you still want to know?

# Your Story in Pictures

What important moments have you captured?







## SHARE:

### Using pictures to share your story

- ◆ Consider the 9 questions you have responded to so far and your experience with "The Line" activity.
- ◆ Find 2-3 pictures on your phone or (if you don't have your phone or pictures on a phone) describe three pictures that have been taken that would help you respond to the questions.

# Debrief/Q & A

What questions  
do you still have?



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## Take a Step Forward

For this activity you must imagine your life in the k-12 system. This activity can be done first on paper and then represented physically or, if you have a large enough space, you could have people make a line across the gym and take a step forward for every statement that is true for them. The former is less intrusive and allows people to opt out of the physical representation piece. The latter is particularly powerful if you are doing the activity with students. Please be sure to leave ample time to debrief after the activity, and be sure you allow people to opt out of the physical portion if they feel uncomfortable.

1. You know your family cares about you and what happens to you.
2. You feel comfortable getting advice from your parents/guardians.
3. There are at least 3 adults who care about what happens to you.
4. You feel safe and comfortable at your school, in your home and in your community.
5. Your parents make sure you do some homework every night.
6. You feel like most of the people in your community want you to be successful.
7. You serve in your community at least 20 hours a year.
8. Your parents/guardians have rules for you that they enforce.
9. Your school and teachers have clear rules and consequences.
10. There are adults in your life that you would consider role models.
11. Your friends believe it is important to do well in school.
12. Your parents and your teachers believe you can do well in school.
13. You have taken music, theater or art lessons.
14. You have been on a sports team.
15. You and/or your family attend a religious/spiritual event at least twice a year.
16. You spend most evenings at home, unless you are working on a project or attending a practice/club.
17. Doing well in school is important to you.
18. You have pride in your school.
19. You read at least 3 hours a week outside of school.
20. It is important for you to help other people.
21. You believe in something and are willing to stand up for those beliefs.
22. You tell the truth, even when there may be consequences.

23. You know how to plan ahead and make wise choices.
24. You are sensitive to others and know how to make friends.
25. You are comfortable with people from different cultural/ethnic backgrounds.
26. You are able to resist negative peer pressure and dangerous situations.
27. You seek to resolve conflict in non-violent ways.
28. You believe you have control over what happens to you.
29. You have high self-esteem.
30. You have hope for your future.

For more information go to <http://www.search-institute.org/developmental-assets>